

DESCRIPTION

Are you a seasoned people manager looking to enhance your leadership style? Are you a new manager seeking to build a strong foundation? Get ready to take a deep dive into the fundamental skills needed for authentic and effective management with The Manager's Blueprint!

Utilizing five core pillars, participants explore the essentials of management, emphasizing the crucial link between values-based and purpose-driven leadership. Through engaging discussions, self-reflection and interactive assignments, participants gain tools and perspective needed to craft a unique leadership approach tailored to their strengths and vision. Elevate your managerial skills, foster genuine leadership, and set the stage for lasting impact.

WHO SHOULD APPLY?:

- Sport professionals in a current managerial/leadership position.
- Must have at least one (1) direct report or team
- Anyone aiming to enhance the impact of their role and responsibilities.
- Those seeking to not only manage groups and teams, but to lead them.
- Individuals looking to grow personally and professionally.

**Individuals who have completed the Inclusive Leadership cohort will be given priority in the selection process*

DATES

March 2, 2026 - May 18, 2026

FORMAT

Five (5) 60-minute virtual webinar sessions + one (1) capstone project.

SCHEDULE *(all sessions are scheduled at 11:00 AM CT)*

- Monday, March 2
- Monday, March 16
- Monday, March 30
- Monday, April 13
- Monday, April 27



Certificate of Completion will be provided to participants that attend all five sessions and complete the capstone project

Session 1: Developing Your Vision and Values

Participants will engage in small group discussions around their personal journey to this point in their career with an emphasis on the journey more than the resume. By reflecting on where you have been and the influences you received, participants will begin to mold their optimal leadership approach.

Session 2 - Your Prism Assessment

In order to paint a complete picture of who we are and where our opportunities lie, we will be incorporating a quantitative assessment and personalized review. The Prism assessment provided by SureAthlete and subsequent discussion will provide personalized insight, opportunities for implementation, and positively impact our personal development as well as how we manage and lead others.

Session 3 - Character Strengths & Developing Your Impact

Participants will discuss how they've begun to refine their values, vision, and impact to this point. Reflecting on tough conversations and feedback you have provided others and how it has been delivered to you. Being a leader requires having honest, sometimes difficult conversations in a direct and empathetic manner.

Session 4 - Genuine Leadership & Developing Others

Now that participants have a sense of personal management and leadership, they begin to think about how they intend to live out these values and visions on a daily basis. How will you put checkpoints in place for daily consistency? Being able to conduct daily reflections.

Session 5 - Enhancing Team Dynamics and Setting a Daily Mentality

As with the premium athletes we see as part of our organizations, consistency is key. This session will focus on tools, traits, and training utilized by the best athletes in the world to strengthen their mental game. By understanding how to optimize our mindset and mentality, we are able to perform at our highest levels

Capstone Activity:

As we work through the course we will be developing clarity and refining our skills. The capstone will bring all of these elements together, articulating your values, vision, and how you intend to set a course to bring them about each day.

COURSE FACILITATOR**Ben Baroody**

In November 2024 Ben joined Abilene Christian University, the institution with whom he and the Rangers partnered to establish industry leading programs in character enrichment, staff development, and player education programs. In his new role as Associate Vice President, Strategic Sports Partnerships, Ben will lead the development of strategic partnerships between ACU and professional sports teams, major sports brands, and K-12 school districts. These offerings will take innovative approaches to player, staff, and leadership development to the greater global sports industry. Under ACU's programs for Sports Leadership and Learning, he will also help with content and curriculum development for the undergraduate and graduate level degree programs.

Accommodations Statement

If you have a disability that requires reasonable accommodation to fully participate in a PRO event, email membership@prosportsassembly.org at least three (3) business days in advance for arrangements to be made. Your response helps us make all PRO events more inclusive.